

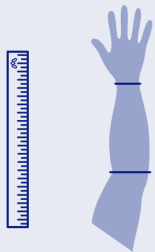
Quick Guide | Measurement

Das Lynk System | Tailor's tape based technique

Determine the Cuff size

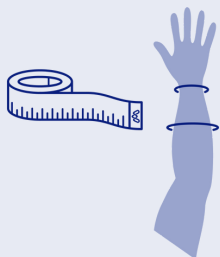
The size of the cuff can be determined using the template technique or a measuring tape.

STEP 1 | Length of the Cuff



- Measure the length between wrist and elbow.
- Length (L) < 140mm, then the arm is too short for the smallest cuff size. Contact support@macu4.com
- Length (L) is between 140mm and 200mm, then the SHT (short) cuff is recommended.
- If the length (L) is greater than 200mm, the LRG (large) cuff is recommended. empfohlen.

STEP 2 | Circumference of the Cuff



- Measurement 1 is taken in the area of the wrist.
- Measurement 2 is taken in the area 10cm proximal to the wrist.

SIZING TABLE | Cuff size according to circumference

| | Wrist circumference (distal) (mm) | | Circumference 10 cm proximal from wrist (mm) | |
|------------|-----------------------------------|-----|--|-----|
| | min | max | min | max |
| Small (S) | 130 | 150 | 140 | 190 |
| Medium (M) | 150 | 180 | 190 | 240 |
| Large (L) | 180 | 200 | 240 | 330 |

Quick Guide | Measurement

The Lynk System



How to use the template correctly

- Print the template on an A4 paper. Print settings: at 100% and don't use any scale or adjust the fit.
- Place the centre of your wrist on the MacU4 logo.
- Position your arm always softly on the template.
- Don't apply pressure / don't press your arm with force on the template. This can result in a larger Cuff size than needed.

STEP 1 | Determine the Cuff circumference

- Confirm that the centre of your wrist is still placed on the logo, and don't apply any pressure on your arm.
- Focus on the coloured bar (STEP 1) that appears on the right and left of your wrist.
- Identify which colour segment appears on the right and left of your arm. The colour segment indicates one of the available Cuff sizes (S , M , L).
- You can best see the correct colour segment when you position your head vertically above your wrist.
- Continue with STEP 2. The goal is to confirm that the size from STEP 1 is correct.

STEP 2 | Confirm the selected Cuff circumference

- Place your arm as described in STEP 1.
- Focus now on the second coloured bar (STEP 2).
- Identify which colour segment appears on the right and left of your arm.

NOTE | In some cases, the colour segment indicates a larger Cuff size than under STEP 1, or it is difficult to clearly identify the size. Take a photo of your arm while it is placed on the template, and contact us via support@macu4.com.

STEP 3 | Determine the Cuff length

- Place the centre of your wrist on the macu4 logo.
- Identify the position of your elbow. It shows you which Cuff length is needed.
- If your arm is in between the two dashed lines, you need the length Short (SHT).
- If your arm is below the second dashed line, you need the length Standard (STD).
- If your elbow is above the first dashed line, contact us!