Quick Guide | Measurement



The Lynk System | Tailor's tape based technique

Determine the Cuff size

The size of the cuff can be determined using the template technique or a measuring tape.



STEP 1 | Length of the Cuff

- Measure the length between wrist and elbow.
- Length (L) < 120mm, then the arm is too short for the smallest cuff size. Contact support@macu4.com
- Length (L) is between 120mm and 200mm, then the SHT (short) cuff is recommended.
- If the length (L) is greater than 200mm, the STD (standard) cuff is recommended.



STEP 2 | Circumference of the Cuff

- Measurement 1 is taken in the area of the wrist.
- Measurement 2 is taken in the area 10cm proximal to the wrist.

SIZING TABLE | Cuff size according to circumference

	Wrist circumference (distal) (mm)		Circumference 10 cm proximal from wrist (mm)	
	min	max	min	max
Extra Small (XS)	110	130	120	170
Small (S)	130	150	140	190
Medium (M)	150	180	190	240
Large (L)	180	200	240	330