

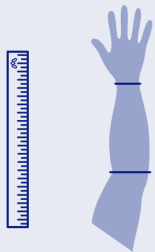
Quick Guide | Measurement

The Link System | Tailor's tape based technique

Determine the Cuff size

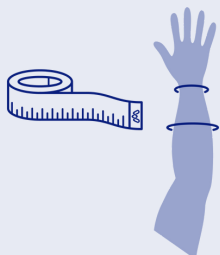
The size of the cuff can be determined using the template technique or a measuring tape.

STEP 1 | Length of the Cuff



- Measure the length between wrist and elbow.
- Length (L) < 140mm, then the arm is too short for the smallest cuff size. Contact support@macu4.com
- Length (L) is between 140mm and 200mm, then the SHT (short) cuff is recommended.
- If the length (L) is greater than 200mm, the LRG (large) cuff is recommended. empfohlen.

STEP 2 | Circumference of the Cuff



- Measurement 1 is taken in the area of the wrist.
- Measurement 2 is taken in the area 10cm proximal to the wrist.

SIZING TABLE | Cuff size according to circumference

	Wrist circumference (distal) (mm)		Circumference 10 cm proximal from wrist (mm)	
	min	max	min	max
Small (S)	130	150	140	190
Medium (M)	150	180	190	240
Large (L)	180	200	240	330

Quick Guide | Measurement



Das Lynk System | Template based technique

How to use the template correctly

- Print the template on an A4 paper. Print settings: at 100% and don't use any scale or adjust the fit.
- Place the centre of your wrist on the MacU4 logo.
- Position your arm always softly on the template.
- Don't apply pressure / don't press your arm with force on the template. This can result in a larger Cuff size than needed.

STEP 1 | Determine the Cuff circumference

- Confirm that the centre of your wrist is still placed on the logo, and don't apply any pressure on your arm.
- Focus on the coloured bar (STEP 1) that appears on the right and left of your wrist.
- Identify which colour segment appears on the right and left of your arm. The colour segment indicates one of the available Cuff sizes (S , M , L).
- You can best see the correct colour segment when you position your head vertically above your wrist.
- Continue with STEP 2. The goal is to confirm that the size from STEP 1 is correct.

STEP 2 | Confirm the selected Cuff circumference

- Place your arm as described in STEP 1.
- Focus now on the second coloured bar (STEP 2).
- Identify which colour segment appears on the right and left of your arm.

NOTE | In some cases, the colour segment indicates a larger Cuff size than under STEP 1, or it is difficult to clearly identify the size. Take a photo of your arm while it is placed on the template, and contact us via support@macu4.com.

STEP 3 | Determine the Cuff length

- Place the centre of your wrist on the macu4 logo.
- Identify the position of your elbow. It shows you which Cuff length is needed.
- If your arm is in between the two dashed lines, you need the length Short (SHT).
- If your arm is below the second dashed line, you need the length Standard (STD).
- If your elbow is above the first dashed line, contact us!